

TILT OVERSWAY (Man)		Precede	Follow
a	Dance Steps 1 and 2 of open Telemark.		
b	Left foot back, left side leading ending left foot sideways	Whole of LF and pressure on IE of B of RF	Fallaway Reverse Slip Pivot; Closed Promenade or an closed Finish; Promenade Link
			Replace weight to RF against LOD, turning body to R leaving LF in place turn Lady to PP (S) then any Promenade Figure along LOD

TILT OVERSWAY (Lady)	
a	Dance Steps 1 and 2 of open Telemark
b	RF forward right side leading ending RF sideways
	Heel Turn
	Whole of RF and pressure on IE of B of LF

Action(s)

Dance steps 1 and 2 and when dancing Step 3 take this step sharply with knee (almost) straight and body slightly tilted to L (Lady to R with head to R). Holding Position. **Timing steps 1-3 Q Q S.** Feet in Place sharply flex L knee (Lady R knee) + quickly change sway to R, lowering R shoulder + turning head to right (Lady to L) **S.**

C-Klasse

WALTZ *
LINE STEP

CONTRA CHECK (MAN)	FOOTWORK	ALIGNMENT	TIMING	RISE/FALL	PRECEDE	FOLLOW
LF fwd in CBMP	Ball Flat	DW pointing almost LOD	1	Down on 1 knees slightly flexed	Reverse Turn;4-6 Reverse Turn after Natural Spin Turn; Double Reverse Spin	Passing Natural Turn; Chasse from PP; Weave from PP
Transfer weight back to RF	T	Backing DC against LOD	2	Rise e/o2		
LFto side in PP	TH	Pointing DW body facing Wall	3	up on 3 lower e/o3		

CONTRA CHECK (LADY)	FOOTWORK	ALIGNMENT	TIMING	RISE/FALL
RF back in CBMP	T	DW feet almost backing LOD	1	Down on 1 knees slightly flexed
Transfer weight fwd to LF	T	Facing DC against LOD	2	Rise e/o2
RF to side in PP	TH	Moving DW pointing LOD	3	up on 3 lower e/o3

MAN & LADY
ALTERNATIVE TIMING (2 BARS)

Use counts **1-3** to enter CONTRA CHECK Line (Step 1)
Use counts **3-6** to exit and finish in PP (Steps 2 and 3)

*cp: Guy Howard Waltz p48 and Tango p47 (edition 2011)